



MAUI DOLPHINS SWIM CLUB
P.O. BOX 880694
PUKALANI, HI 96788

"Swimming Fast is Fun.*" Swim Right, Swim Fast. Swim for Life.
 President: Glynis Okamura
 Head Coach: Malcolm Cooper (808) 280-4257
www.maidolphins.org

Volunteer Obligations: Your *family* is joining a club run by volunteer board members. Part of our commitment requires your help with club operations (fundraising, committees, desk monitors, etc). MDSC is part of the Maui Age Group Swimming Association (MAGSA). Parents are expected to help out MAGSA events - even if your swimmer is not competing.

THE FOLLOWING ARE REQUIRED AT THE TIME OF REGISTRATION:

- **Completed application packet [including USA Swimming form]**
- **1 photocopy of birth certificate or passport (RQ by USA-Swimming)**
 - Required before swimmer may attend 2nd practice session. (Really!)
 - Will be returned (or shredded) if you elects not to continue.
- **Fees: Checks made payable to: "MDSC" or "Maui Dolphins Swim Club"**
 - **Annual** USA Swimming Registration Fee: \$55.00/swimmer (yearly for insurance).
 - 1st Month's Dues: \$40.00/month for the first child in a family and \$20.00/month for each additional child in a family
 - Learn to Swim (not Doggie Paddlers). When LTS programs are offered, \$10.00 covers one LTS 2-week class only.
- Monthly dues pay for coaching fees - they are due at the front desk or by PayPal™ on our website by the first week each month. If you can't make pay on time, let us know ASAP.
- An escrow account is created for a swimmer when they start swimming meets. \$50 deposit ... meet entry fees deducted 'til empty; \$ returned if swimmers quits or moves on.
- Dues are only pro-rated for new swimmers joining after the 15th of the month.
- If a swimmer is unable to swim for an extended period because of illness, travel, or other commitments, dues will be waived. You must tell the coach, desk monitor or board member about the absence. If your child decides to stop swimming, please let us know ASAP.

Practice Schedule

Doggie Paddlers	Mon, Tue, Thur, Fri	Group 1 @5:00-5:30 pm Group 2@5:30-6:00 pm
Flippers	Monday - Friday	5:00-6:00 pm
Spinners & Silvers		
Fall SC Season (Sept-Dec) &	Monday + Friday	4:30-6:00pm
Spring LC Season (Mar-Jul)	Tues, Wed, Thur	4:30-6:30pm
Off Seasons (Jul-Aug, Jan-Feb)	Monday - Friday	4:30-6:00pm



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General Rules & Information

<ul style="list-style-type: none"> • All swimmers must be registered with USA Swimming (USA-S) • 2009 USA-S fees are \$55 • Monthly Dues are \$40 or Punch Cards @\$5/day for 5or10 workouts • \$20/mo for each add'l family member • Learn-to-Swim Special Rates & Insurance Option • Escrow for Meet Swimmers 	<p>Mission Statement: To foster a life-long love of swimming – and to encourage families of swimmers.</p> <p>Goals & Practices: We train our swimmers in the best techniques and challenge them with individual goals in practice. Swimmers learn a better work ethic and discipline in setting reasonable goals towards bigger long term goals. We start with beginner swimmers (min. ~4-5-yrs) both to get them started in competitive swimming, and to make them safer in the oceans that surround us on Maui.</p>	<p>Maui Dolphins swimmers are expected to be at many meets as possible, and make all workouts. Other arrangements must be pre-approved with full knowledge that swimmers may not improve as expected.</p> <p>Maui Dolphin parents accompany their children to swim meets and participate as volunteers for swim meets, fundraisers and events.</p> <p>RECYCLE take (or have your kids collect and take) your HI5 recycling to Aloha Recycling across from VIP in Kahului ... and give to MDSC. www.ESCRIP.com so your purchases put corporate \$ to MDSC and other local (Safeway, Macy's etc.)</p>
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- All Maui Dolphins Swim Club members are expected to practice safely above all else. All posted rules must be followed.
- Acceptance into the Maui Dolphins Swim Club does not guarantee training under a particular coach. Coaches may be assigned to different age groups or training levels during the course of the year. All swimmers are expected to train with their assigned coach.
- Swimmers are expected to conduct themselves properly. Each swimmer is a reflection of and a representative of the team.
- Swimmers are expected to show respect for their coaches and team members. Foul or abusive language will not be tolerated.
- Members are responsible for reading and acting upon all materials distributed at practices.
- Members are required to support the club, each other, and do what is best for the team.
- Members should make every effort to attend all meetings, special activities, and fund-raiser events.
- Members should strive to bring a positive attitude to the club.
- The pool facility and all equipment, such as kick-boards, lane lines, and the bulletin boards are to be treated with the utmost respect and care.
- *Swimmers (and parents) are NOT allowed on lifeguard towers, diving boards, the pool covers or in the guard office area.*
- Parent or guardian must promptly pick up child after swim practice at the specified time. Your child may not leave the pool facility alone either during or after practice unless you have notified a club representative of your consent for your child to do so.

* Eddie Reese, Univ of Texas Austin



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Family Commitment

- ✚ Families are expected to participate in club events and commitments. Examples include: serving as desk monitor; participating in occasional fundraising; timing at swim meets; providing hospitality at host swim meets [food donations, set-up, clean-up, acting as safety marshal]; helping to chaperone swimmers; being a designated driver. The club also needs member support in serving on the Board of Directors and various Board committees. *One of the fun & most rewarding ways to help is to become a deck official!*
- ✚ Parents can get a discount on fees for volunteering for the club or MAGSA.
- ✚ Members are required to make every effort to attend all meetings, special activities, and fundraisers.
- ✚ All swimmers are encouraged to swim in swim meets when their coach think's they're ready. Swimmers in the Spinners and Silvers have an obligation to attend as many meets as possible during the regular season.
- ✚ Individual swimmers may qualify to travel for competition in off-island events as determined by qualifying times. If the club decides to send swimmers to an off-island swim meet, there may be special fundraising required. You may be asked to help with these fundraising and travel arrangements if your child will be attending.

New/ Transferring Applicants:

- ✚ The Head Coach must evaluate all prospective swimmers for placement by conducting a swim assessment. **A parent and/or guardian must be in attendance for this evaluation.** (This usually only takes a few minutes. The swimmer swims one or more laps of basic strokes to place the swimmers in the correct group.)
- ✚ All registration forms and copies of birth certificate(s) must be completed and submitted with payment **before** the swimmer can swim workouts with the club. Signed paperwork/ registration forms must be filled out before the evaluation. Dues are non-refundable.

Equipment

- ✚ **Swimmers must supply (required for ALL groups) their own goggles and fins (for "Flippers" only).** Other recommended items: swim cap (esp when cold), towel, & shower supplies. Kick boards, pull buoys and other swimming aids are provided.

Snacks

- ✚ Many families choose to donate after-practice snacks. Donating snacks is completely voluntary/optional, and **should be simple healthy snacks** that will not interfere with dinner. If you do wish to donate, please sign up on the snack calendar at the desk.

Other General Rules

- ✚ All swimmers need to check in at the front desk each day before swimming.

- 🚫 **NO DIVING.** That's right. NO DIVING. The most dangerous part of competitive swimming is swimmers diving and hitting the bottom, diving on each other, not looking where they're going, etc. So ... there is no diving except during diving practice under the direct supervision of a coach. This no diving rule applies during warm-ups at swim meets - diving only allowed in designated lanes under the supervision of a coach. (Swimmers who dive can be DQ'd for the whole meet.)
- 🚫 Swimmers are expected to conduct themselves properly. Each swimmer is a reflection and a representative of the team. Swimmers are expected to show respect for their coaches and team members. Foul or abusive language or conduct will not be tolerated.
- 🚫 All swimmers must follow all pool rules.
- 🚫 Pool facility and all equipment, such as kick-boards, lane lines, bathrooms, and bulletin boards are to be treated with the utmost respect and care. Swimmers (and parents) are not allowed on lifeguard towers, diving boards, pool covers or behind front desk.
- 🚫 There is NO going under the bulkhead at any pool. NEVER! (Swimmers will be asked to leave for the day or longer if they dive under the bulkhead.)
- 🚫 **Keep Back from the pool!** During practice, children, friends, and parents MUST keep away from the pool. Two problems: (1) Coaches cannot concentrate on coaching and swimmers if we have to watch children playing on the pool deck near the water. (2) Liability ... having children (or adults) on deck increases liability. Even parent-supervised children inevitably climb and play, trip and fall, etc.; MDSC is required to file incident reports any time this happens. Please stay in office, on or near the area of the bleachers and picnic tables, or outside the pool in the grassy area.
- 🚫 **BE ON TIME!** Swimmers AND Parents: Please be on time to practice ... ready to swim at start time. And parents *please* pick up your children on time or make special arrangements beforehand ... coaches cannot leave until the last person is gone.

Participation in Swim Meets

- 🚫 Swimmers must sign up for each individual swim meet. Entries for each meet are due no later than the Wednesday prior to each meet. If a swimmer signs up for a meet and then finds that he/she can't attend, please notify the coach ASAP. Once a swimmer is entered in the meet, the club must pay \$1 for each event entered (whether swum or not) using the money from the swimmer's "escrow" account.
- 🚫 Every swimmer must check in with your Coach on the morning of the meet. Any swimmers who do not check in before 8:00am must be scratched from the meet, per meet rules.
- 🚫 For swimmers who wish to attend an off-island meet (when an MDSC coach cannot attend), MDSC's Head Coach will contact a USA-S Coach to oversee the swimmer at the swim event - the swimmer and parent/guardian will be expected to support that club's efforts during the visit.

Termination of Membership

- 🚫 The Board of Directors or Head Coach may terminate membership for any due cause. A member's involvement, commitment, adherence to rules, behavior, and dues status will be considered.
- 🚫 Terminated members may appeal to the Board of Directors.