

# SWIM MEET PREP, STEP-BY-STEP – SAKAMOTO POOL

1. Bulkhead in appropriate location for meet distance
2. Charge Infinity Starters, overnight before hand. Make sure starting speaker available.
3. Two system 5 consoles available
4. Lane lines in place (7)
5. Starting Blocks
6. Back-stroke flags
7. False Start Pole, spring loaded, ring holders
8. Diving board UP
9. Pool ladders out
10. Starting Harness Cable in place under starting blocks – deep end.
11. Push Buttons (2 per lane – 3 per lane for championship meet)
12. Touch Pads and Velcro strips (Velcro hangs over into gutter to hold pads in place).
13. 50m Swim Meet
  - a. Speaker harness at each end ... connects to Infinity. Speakers attached by twist ties under blocks.
  - b. Infinity connections and stands at both ends. (Cables to connect in gray PVC pipes at side of pool)
14. 25 yd swim meet
  - a. If doing 25's, Speaker harness at each end ... connects to Infinity; otherwise just deep end. Speaker harness at shallow end goes on farther bulkhead closer to scoreboard laying on bulkhead.
  - b. Infinity connections and stands at both ends. (Cables to connect in gray PVC pipes at side of pool)
15. Power Strip/Surge protector at official's table.
16. Microphone
17. Plexiglas covers in front of official's table.
18. QD Electronic Cleaner
19. Score board power on
20. Chairs behind blocks for timing crew.
21. Trash & Recycle cans emptied and out.
22. Pool Closed signs out.
23. Table for food.
24. Lap counters
25. Cow bells
26. Printers
27. Safety marshal vests

Prepared by Toni Sinnott.