



MAUI DOLPHINS SWIM CLUB
***** NEW PRACTICE & TIME *****
EARLY FLIPPERS
M-T-TH-F 3:15-4:30pm

TRYOUTS APRIL 27-28 – LIMITED SPACE
MUST BE ABLE TO SWIM A LAP OF FREE & BACK

WHERE: UPCOUNTRY AQUATIC CENTER

“PUKALANI POOL”

WHEN: MON-TUES-THUR FRI 3:15-4:30PM

NEW PRACTICES BEGIN April 30th

Annual USA-Swimming Registration \$55

Monthly dues: \$40 1st child; \$20 ea add'l

For additional info, stop by Pukalani Pool M-F 4:30-6pm
or contact Coach Malcolm Cooper at
280-4257 or by email: MalcolmWhy@Yahoo.com

Be part of a team in a life-long sport
Be safe in the water ... get fit...have fun!

www.maidolphins.org

REGULAR WORKOUT SCHEDULE:

ADVANCED SWIMMERS:

“SPINNERS AND SILVERS”

MON thru FRI afternoon 4:30-6:00/6:30PM

INTERMEDIATE SWIMMERS:

“FLIPPERS”

MON thru FRI 5:00-6:00PM

BEGINNING SWIMMERS:

“DOGGIE PADDLERS”

MON thru FRI 5:00-6:00PM. (1 or 2 ½ Hr Classes)