

HAWAIIAN SWIMMING
34th Annual Coach Soichi Sakamoto
Memorial Invitational Swimming Meet
May 23 - 25, 2008

SPONSOR: Maui Swim Club

SANCTION: Held under the sanction of USA Swimming
Hawaiian Swimming Sanction No.: **HI20080523-MAUI**

DATE: May 23 - 25, 2008

POOL SITE: Coach Soichi Sakamoto Swimming Pool
Wailuku, Maui, Hawaii

COURSE: Long Course, 50 Meters, 8 Lanes

DATE/TIME: **Friday, May 23, 2008** Warm Up: 3:00 pm
(Session 1) Meet Start: 4:30 pm

Saturday, May 24, 2008

AM Session: Warm Up: 6:30 am
(Session 2) Program: 8:30 am
Meet Start: 9:00 am

PM Session: Warm Up: After the conclusion of Session 2
(Session 3) Meet Start: Approx. 1 hr. after conclusion of
Session 2

Sunday, May 25, 2008

AM Session: Warm Up: 6:30 am
(Session 4) Meet start: 8:30 am

PM Session: Warm Up: After the conclusion of Session 4
(Session 5) Meet Start: Approx. 1 hr. after conclusion of
Session 4

DIVISIONS: 10&Under, 11-12, 13-14, 15-16, and Open

RULES: Current USA Swimming and Hawaiian Swimming rules will govern meet.

FORMAT: Cardless, timed finals, using semi-automatic timing system (3 buttons) with manual watch backup. The meet shall be conducted in **SPLIT SESSIONS**. Sessions 3 & 5 shall start approximately one (1) hour after the completion of Sessions 2 & 4, respectively. The 'four (4) hour rule' will be in effect for swimmers in the 12 and under age groups.

EVENTS: See attached – Order of Events.

ELIGIBILITY: All swimmers must be currently USA Swimming registered and their registration numbers must be on the master entry form or disk file. No deck registration will be accepted. New registrations must be mailed directly to the LSC Registrar and postmarked **NO LATER** than Friday, May 18, 2008 (7 days prior to the meet).
Master Recap sheets MUST be included with the entries.

Foreign athletes/clubs shall provide a copy of your own association league's international travel permit with entries.

ENTRIES: Swimmers may swim up to (5) individual events per day plus relays (see SPLASH Rule). Swimmers 12 & Under may only swim in one (1) session per day. Swimmers entering Open events must have achieved the 17-18 HI-AA qualifying time. Fines for swimming out of classification will be based on the LSC database results of the past 2-year schedule (for Hawaiian Swimming teams only).

SPLASH RULE: A swimmer must have at least one (1) HI-AA time to splash two (2) events for the meet. Splashes may be on any day(s). Swimmers must have achieved a HI-A time for each event being splashed and submit the HI-A time as the entry time.

ENTRY FEES: \$1.85 per individual event (includes a \$.25 Zone surcharge) and \$6.40 per relay entered (includes a \$.25 Zone surcharge). Entry fees must accompany entries. No refunds will be made.

Make checks payable to: **MAUI SWIM CLUB**

DEADLINE: Hy-Tek Meet Manager will be used. Entries must be received by email by **Tuesday, May 15, 2008**. No late entries will be accepted at the meet. Recap form must be sent with entries. Download entry recap form from the www.hawaiianswimming.org webpage and attach to entries if sending by email.

Email entries to: mauiswimclub@yahoo.com
Cecelia Romero (808) 877-5495

CHECK-IN: Check-in sheets will be given to coaches for verification. **Coaches will need to present their credentials to pick up check-in sheets; exceptions must see the meet referee.** Coaches are to verify their swimmers and scratch events as appropriate. Sheets for Session 1 must be returned to the Clerk of Course one (1) hour before start of meet. Check-in sheets for the Session 2 must be returned to the Clerk of Course by the end of Session 1.

WARM-UP: Warm-ups and warm-downs must be supervised by a USA swimming registered "Coach Member" following guidelines established by the LSC. **Supervising deck coaches shall have their USA Swimming Registration card prominently displayed at all times.** The Meet Referee and Marshal(s) will enforce registration rules regarding coaches. Disregard of the USA Swimming safety rules will be grounds for disqualification of swimmer(s) from competition.

AWARDS: Individual medals will be awarded for 1st through 3rd and ribbons from 4th through 8th places in each age group.

For relays, medals will be awarded for 1st and ribbons for 2nd and 3rd place.

Trophies will be awarded to the top eight (8) teams and individual outstanding awards for swimmers in each age group

A special award for the "Most Outstanding Swimmer" of the meet, based on individual scoring, will be presented.

SCORING:

Individual place	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>
Points	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

RESULTS: Hard copy of meet results will be provided upon request only.

OFFICIALS: For every five (5) swimmers entered in the meet, each team is responsible for one (1) official. For those clubs entered with less than five (5) swimmers, at least one (1) official is required. Timers count as officials for this requirement.

MEET REFEREE(S): Mustafa Demirbag (808) 572-0704

MEET DIRECTOR(S): Spencer Shiraishi, Sr. (808) 871-4516

MARSHAL(S): Cecilia Romero, Spencer Shiraishi, Jr., Wade Hondo, Matthew Cerizo, Kiki Matsumoto, Tom Matsumoto

HOSPITALITY: Officials and coaches will be provided refreshments each day, courtesy of Maui Swim Club.

CONCESSION: A Concession at nominal cost will be available during the meet.

ADDITIONAL INFORMATION: **NOVELTY EVENT (Event #137) – Mixed 400 Medley Relay**
A Mixed 400m Medley Relay race after the meet officially ends on Sunday (May 25, 2008). No points will be awarded for this event, however, Coach Sakamoto Invitational gold medals will be awarded to the winning team.

The 400 Medley Relay will be composed of two 200 Medley Relay teams (8 swimmers, 4 of which shall be Girls and the other 4 Boys). There must be 2 - 10&Under, 2 - 11-12, 2 - 13-14, and 2 - 15&Over swimmers on each team. Each swimmer will swim one leg of the relay (50 meters). Age order and gender of each squad is up to individual clubs. All relays must follow USA Swimming technical rules.

The two relay teams will swim consecutively without interruption. The lead-off swimmer (Backstroke) in the first 200 Medley Relay will utilize a regular racing start. The lead-off swimmer of the second 200 Medley Relay may utilize a diving racing start (from the starting blocks), but must be on the back upon breaking the surface, without taking any stroke or kick under the water after the dive.

**34th Annual Coach Soichi Sakamoto Memorial Invitational Swimming Meet
May 23, 24, 25, 2008**

Friday, May 23, 2008

**Session 1: Warm-up: 3:00 PM
Session Start: 4:30 PM**

Girls	Time	Age	Event	Time	Boys
1	NT	10-U	200 M Free Relay	NT	2
3	NT	11-12	200 M Free Relay	NT	4
5	3:41.96	Open	200 M Breast	3:21.55	6
7	2:04.31	10-U	100 M Breast	2:09.08	8
9	1:46.25	11-12	100 M Breast	1:49.54	10
11	3:30.89	13-14	200 M Breast	3:24.38	12
13	:48.14	10-U	50 M Fly	:50.18	14
15	:40.87	11-12	50 M Fly	:42.17	16
17	3:30.03	15-16	200 M Breast	3:14.82	18
19	3:28.06	10-U	200 M Free	3:28.94	20
21	2:56.55	11-12	200 M Free	3:01.71	22
23	2:43.58	13-14	200 M Free	2:38.42	24
25	2:42.03	15-16	200 M Free	2:29.32	26
27	2:48.30	Open	200 M Free	2:30.92	28
29	NT	13-14	200 M Free Relay	NT	30
31	NT	15-16	200 M Free Relay	NT	32
33	NT	Open	200 M Free Relay	NT	34

Saturday, May 24, 2008

**Session 2: Warm-up: 6:30 AM (Program: 8:30 AM)
Session Start: 9:00 AM**

Girls	Time	Age	Event	Time	Boys
35	NT	11-12	200 M Medley Relay	NT	36
37	NT	10-U	200 M Medley Relay	NT	38
39	:43.50	11-12	50 M Back	:45.42	40
41	:51.38	10-U	50 M Back	:52.66	42
43	3:08.75	13-14	200 M Fly	3:01.47	44
45	1:32.08	11-12	100 M Fly	1:34.88	46
47	1:52.27	10-U	100 M Fly	1:56.88	48
49	3:07.57	15-16	200 M Fly	2:51.30	50
51	:48.82	11-12	50 M Breast	:49.70	52
53	:57.00	10-U	50 M Breast	:59.39	54
55	1:21.24	11-12	100 M Free	1:23.45	56
57	1:33.83	10-U	100 M Free	1:35.95	58
59	3:21.78	Open	200 M Fly	2:58.91	60
61	NT	11-12	400 M Medley Relay	NT	62

***** ***** ***** ***** LUNCH BREAK ***** ***** ***** ***** *****

**Session 3: Warm-up: After conclusion of Session 2
Session Start: Approx. 1 hr. after Session 2**

63	NT	13-14	400 M Medley Relay	NT	64
65	NT	15-16	400 M Medley Relay	NT	66
67	NT	Open	400 M Medley Relay	NT	68
69	:35.08	13-14	50 M Free	:33.62	70
71	:34.56	15-16	50 M Free	:31.24	72
73	:35.21	Open	50 M Free	:31.01	74
75	3:06.20	13-14	200 M Back	3:00.48	76
77	3:04.72	15-16	200 M Back	2:51.77	78
79	3:14.66	Open	200 M Back	2:56.47	80
81	1:39.66	13-14	100 M Breast	1:35.67	82
83	1:36.64	15-16	100 M Breast	1:30.40	84
85	1:41.93	Open	100 M Breast	1:31.09	86
87	NT	13-14	400 M Free Relay	NT	88
89	NT	15-16	400 M Free Relay	NT	90
91	NT	Open	400 M Free Relay	NT	92

Sunday, May 25, 2008

**Session 4: Warm-up: 6:30 AM
Meet Start: 8:30 AM**

Girls	Time	Age	Event	Time	Boys
93	NT	11-12	400 M Free Relay	NT	94
95	:42.97	10-U	50 M Free	:43.68	96
97	:36.85	11-12	50 M Free	:38.21	98
99	1:27.35	Open	100 M Fly	1:16.04	100
101	1:23.38	15-16	100 M Fly	1:15.55	102
103	1:26.10	13-14	100 M Fly	1:22.00	104
105	3:53.10	10-U	200 M IM	3:57.19	106
107	3:19.50	11-12	200 M IM	3:25.97	108
109	1:30.16	Open	100 M Back	1:21.16	110
111	1:50.70	10-U	100 M Back	1:52.06	112
113	1:33.54	11-12	100 M Back	1:37.47	114
*****	*****	*****	LUNCH BREAK	*****	*****

**Session 5: Warm-up: After conclusion of Session 4
Session Start: Approx. 1 hr. after Session 4**

115	3:06.45	13-14	200 M IM	2:58.75	116
117	3:05.20	15-16	200 M IM	2:49.51	118
119	3:08.83	Open	200 M IM	2:51.22	120
121	1:28.93	13-14	100 M Back	1:25.52	122
123	1:25.88	15-16	100 M Back	1:19.11	124
125	1:16.74	Open	100 M Free	1:08.22	126
127	1:15.86	13-14	100 M Free	1:12.67	128
129	1:15.30	15-16	100 M Free	1:08.30	130
131	NT	Open	200 M Medley Relay	NT	132
133	NT	13-14	200 M Medley Relay	NT	134
135	NT	15-16	200 M Medley Relay	NT	136
*****	*****	*****	END OF MEET	*****	*****

137 NT Mixed 400 M Medley Relay (See Meet Notice for Details)