

OPEN WATER FUN SWIM



1.2 mile BLACK ROCK CHALLENGE Sunday, July 25, 2010 9am Kahekili Beach

DATE & TIME:	Sunday, July 25th, 2010 Check-in: 7:30–8:30am Race Instruction: 8:45am	LOCATION:	Ali'i Kahekili Nui Ahumanu Beach (aka "Old Airport Beach" in Kaanapali North of Black Rock) From LAHAINA take Honoapiilani Hwy north turn right on Puukoolii Rd
AWARDS:	Men & Women 10 & Under, 11-12, 13-14, 15-18, 19-24, etc. to 60+. Overall top male & female engraved on plaque at Upcountry Pool.	COURSE & DISTANCE:	Triangular approx. 1.2 mile Course ** (see note on map) Starts at Kahekili Beach Park turn left at buoy #1 (swim south) towards Black Rock to buoy #2 (farther out), turn left swim towards shore to buoy #3 and swim back toward buoy #1, turn right and run up the beach to the finish line (See back of entry form for course map, buoy #'s etc.)
ENTRY FEES	\$15 received by 7/24; \$20 race day.	ESCORTS & EQUIPMENT	No hand paddles, fins or flotation gear permitted. Course will be closed 60 minutes following the start. Swim caps are requested (required for USA-S swimmers). (Please bring your own.)
MAIL TO:	Maui Masters Swim Club PO Box 696 Puunene, HI 96734	PARKING:	Event parking available at beach park additional parking is available down the Honoapiilani Road on the left (turn is before your next stoplight).
PROCEEDS:	Net proceeds will be split between MMSC & local charity	CONTACTS:	Dave Rostetter (808) 463-8012 kapuidaver@aol.com or Malcolm Cooper (808)280-4257 malcolmy@hawaii.rr.com .
INCLUDED:	Awards for all ages. Post race refreshments.	ELIGIBILITY:	All participants must be members in good standing with United States Masters Swimming, Inc. or USA Swimming, Inc. Swimmers 19 & over who are not registered can sign-up with USMS on race day. One year USMS membership (valid thru 12/31/10) is \$40. One day \$15.
SANCTION:	Sanctioned by Hawaiian Masters Swimming for USMS, Inc. #S390-OW006 USA Swimming Sanction #HI20100725-OWR		

Name				USA/USMS#	
Address	Street			Birth date	
	City	State	Zip	Race Age	Sex
Phone	Home	Cell		Last Open Water Swim	
	(in case we need to contact race day)				
Payment	Amount _____			Email (results)	
	Cash	Check	#		

WAIVER: All swimmers must sign the appropriate liability waiver below in order to participate. If registered as an athlete member of both USMS and USA swimming, you may only swim for one indicated by your USMS/USA number above.

USMS Waiver I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming, and agree to assume those risks.

Signature _____ Date: _____

USA Swimming Waiver (Parent or legal guardian must also sign for swimmers under 18.)

I hereby release USA Swimming, the Local Swimming Committee (LSC) and any other participating organization from any claims and damages received by me as a result of my participation in the race and furthermore, hold them harmless and indemnified from any damages. In addition, I agree to abide by and be governed by the rules of USA Swimming.

Signature _____ Date: _____ Signature of Parent of Guardian _____



**** NOTE: This 1.2 mile course may be changed from the SAME LAUNCH POINT for (safety or scenery) to make part of the course over coral reef to the north. The course will remain between 1 and 1.2 miles in length.**