


ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						REVERSE CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	301	Reverse Dive	1.6	1.7	1.8	--
202	Back 1 SS	1.5	1.6	1.7	--	302	Reverse 1 SS	1.6	1.7	1.8	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	303	Reverse 1 1/2 SS	2.1	2.4	2.7	--
204	Back 2 SS	2.2	2.5	--	--	304	Reverse 2 SS	2.3	2.6	2.9	--
205	Back 2 1/2 SS	3.0	3.2	--	--	305	Reverse 2 1/2 SS	3.0	3.2	--	--
212	Flying Back 1 SS	1.6	1.7	--	--	312	Flying Reverse 1 SS	1.7	1.8	--	--
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
402	Inward 1 SS	1.6	1.7	2.0	--	5212	Back Dive, 1 Twist	--	--	2.0	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
404	Inward 2 SS	2.8	3.0	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
405	Inward 2 1/2 SS	3.1	3.4	--	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
412	Flying Inward 1 SS	2.0	2.1	--	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
A-Straight, B-Pike, C-Tuck, D-Free						5231 Back 1 1/2 SS, 1/2 Twist					
						5233 Back 1 1/2 SS, 1 1/2 Twists					
						5235 Back 1 1/2 SS, 2 1/2 Twists					
						5251 Back 2 1/2 SS, 1/2 Twist					
						5311 Reverse Dive, 1/2 Twist					
						5312 Reverse Dive, 1 Twist					
						5321 Reverse 1 SS, 1/2 Twist					
						5322 Reverse 1 SS, 1 Twist					
						5323 Reverse 1 SS, 1 1/2 Twists					
						5325 Reverse 1 SS, 2 1/2 Twists					
						5331 Reverse 1 1/2 SS, 1/2 Twist					
						5333 Reverse 1 1/2 SS, 1 1/2 Twists					
						5335 Reverse 1 1/2 SS, 2 1/2 Twists					
						5351 Reverse 2 1/2 SS, 1/2 Twist					
						5411 Inward Dive, 1/2 Twist					
						5412 Inward Dive, 1 Twist					
						5421 Inward 1 SS, 1/2 Twist					
						5422 Inward 1 SS, 1 Twist					
						5432 Inward 1 1/2 SS, 1 Twist					
						5434 Inward 1 1/2 SS, 2 Twists					

Date	12-11-10	Diving Order	5	Final Score		Final Place		M	W	Varsity	JV	Modified
Diver	Roman DeShong				Group:		 National Federation of State High School Associations Diving Score Sheet					
School	Kihei Charter				Grade:							
Meet and Event	2011 MIL-1 07 High School Boys 1M 6 dives (1vol 5opt)											
Coach												

Rnd	Dive #	DD Description	JUDGES SCORES									Net Total									
			1	2	3	4	5	6	7	8	9		A	W	A	R	D				
1	101B	1.3	Voluntary	5	5	4½								14.50							
1M	Forward Dive, Pike															1	8	8	5		ran 3
2	401B	1.5		6½	6	6								18.50		2	7	7	5		ran 3
1M	Inward Dive, Pike															4	6	6	0		ran 3
3	301C	1.6		6	5½	5½								17.00		2	7	2	0		ran 3
1M	Reverse Dive, Tuck															7	3	8	0		ran 3
4	103C	1.6		6	5½	6								17.50		2	8	0	0		ran 3
1M	Forward 1-1/2 SS, Tuck															1	0	1	8	0	ran 3
5	402C	1.6		5	5½	4½								15.00		2	4	0	0		ran 3
1M	Inward 1 SS, Tuck															1	2	5	8	0	ran 3
6	201A	1.7		6	5½	5½								17.00		2	8	9	0		ran 3
1M	Back Dive, Straight															1	5	4	7	0	ran 3

Total DD: Opt = 8.0 Vol = 1.3

Diver's signature


Coaches signature

Referee's signature

Meet Director's signature

ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						REVERSE CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	301	Reverse Dive	1.6	1.7	1.8	--
202	Back 1 SS	1.5	1.6	1.7	--	302	Reverse 1 SS	1.6	1.7	1.8	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	303	Reverse 1 1/2 SS	2.1	2.4	2.7	--
204	Back 2 SS	2.2	2.5	--	--	304	Reverse 2 SS	2.3	2.6	2.9	--
205	Back 2 1/2 SS	3.0	3.2	--	--	305	Reverse 2 1/2 SS	3.0	3.2	--	--
212	Flying Back 1 SS	1.6	1.7	--	--	312	Flying Reverse 1 SS	1.7	1.8	--	--
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
402	Inward 1 SS	1.6	1.7	2.0	--	5212	Back Dive, 1 Twist	--	--	2.0	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
404	Inward 2 SS	2.8	3.0	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
405	Inward 2 1/2 SS	3.1	3.4	--	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
412	Flying Inward 1 SS	2.0	2.1	--	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
A-Straight, B-Pike, C-Tuck, D-Free						5231 Back 1 1/2 SS, 1/2 Twist					
						5233 Back 1 1/2 SS, 1 1/2 Twists					
						5235 Back 1 1/2 SS, 2 1/2 Twists					
						5251 Back 2 1/2 SS, 1/2 Twist					
						5311 Reverse Dive, 1/2 Twist					
						5312 Reverse Dive, 1 Twist					
						5321 Reverse 1 SS, 1/2 Twist					
						5322 Reverse 1 SS, 1 Twist					
						5323 Reverse 1 SS, 1 1/2 Twists					
						5325 Reverse 1 SS, 2 1/2 Twists					
						5331 Reverse 1 1/2 SS, 1/2 Twist					
						5333 Reverse 1 1/2 SS, 1 1/2 Twists					
						5335 Reverse 1 1/2 SS, 2 1/2 Twists					
						5351 Reverse 2 1/2 SS, 1/2 Twist					
						5411 Inward Dive, 1/2 Twist					
						5412 Inward Dive, 1 Twist					
						5421 Inward 1 SS, 1/2 Twist					
						5422 Inward 1 SS, 1 Twist					
						5432 Inward 1 1/2 SS, 1 Twist					
						5434 Inward 1 1/2 SS, 2 Twists					

Date	12-11-10	Diving Order	6	Final Score		Final Place		M	W	Varsity	JV	Modified
Diver	Ryan Brem				Group:		 National Federation of State High School Associations Diving Score Sheet					
School	Baldwin High School				Grade:							
Meet and Event	2011 MIL-1 07 High School Boys 1M 6 dives (1vol 5opt)				12							
Coach												

Rnd	Dive #	DD	Description	JUDGES SCORES									Net Total						
				1	2	3	4	5	6	7	8	9		A	W	A	R	D	
1	103C	1.6	Voluntary	6	6	5								17.00					
1M	Forward 1-1/2 SS, Tuck															2	7	2	0
2	105C	2.4		5	4½	5								14.50		3	4	8	0
1M	Forward 2-1/2 SS, Tuck															6	2	0	0
3	303C	2.1		5	5	4½								14.50		3	0	4	5
1M	Reverse 1-1/2 SS, Tuck															9	2	4	5
4	203C	2.0		5½	6	5½								17.00		3	4	0	0
1M	Back 1-1/2 SS, Tuck															1	2	6	4
5	403C	2.2		5½	5	5								15.50		3	4	1	0
1M	Inward 1-1/2 SS, Tuck															1	6	0	5
6	5231D	2.1		5½	6	5½								17.00		3	5	7	0
1M	Back 1-1/2 SS, 1/2 Twist, Free															1	9	6	2

Total DD: Opt = 10.8 Vol = 1.6

Diver's signature


Coaches signature

Referee's signature

Meet Director's signature

ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						REVERSE CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	301	Reverse Dive	1.6	1.7	1.8	--
202	Back 1 SS	1.5	1.6	1.7	--	302	Reverse 1 SS	1.6	1.7	1.8	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	303	Reverse 1 1/2 SS	2.1	2.4	2.7	--
204	Back 2 SS	2.2	2.5	--	--	304	Reverse 2 SS	2.3	2.6	2.9	--
205	Back 2 1/2 SS	3.0	3.2	--	--	305	Reverse 2 1/2 SS	3.0	3.2	--	--
212	Flying Back 1 SS	1.6	1.7	--	--	312	Flying Reverse 1 SS	1.7	1.8	--	--
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
402	Inward 1 SS	1.6	1.7	2.0	--	5212	Back Dive, 1 Twist	--	--	2.0	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
404	Inward 2 SS	2.8	3.0	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
405	Inward 2 1/2 SS	3.1	3.4	--	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
412	Flying Inward 1 SS	2.0	2.1	--	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
A-Straight, B-Pike, C-Tuck, D-Free						5231 Back 1 1/2 SS, 1/2 Twist -- -- -- 2.1					
						5233 Back 1 1/2 SS, 1 1/2 Twists -- -- -- 2.5					
						5235 Back 1 1/2 SS, 2 1/2 Twists -- -- -- 2.9					
						5251 Back 2 1/2 SS, 1/2 Twist 2.7 2.9 -- --					
						5311 Reverse Dive, 1/2 Twist -- -- -- 1.9					
						5312 Reverse Dive, 1 Twist -- -- -- 2.1					
						5321 Reverse 1 SS, 1/2 Twist -- -- -- 1.8					
						5322 Reverse 1 SS, 1 Twist -- -- -- 2.0					
						5323 Reverse 1 SS, 1 1/2 Twists -- -- -- 2.4					
						5325 Reverse 1 SS, 2 1/2 Twists -- -- -- 2.8					
						5331 Reverse 1 1/2 SS, 1/2 Twist -- -- -- 2.2					
						5333 Reverse 1 1/2 SS, 1 1/2 Twists -- -- -- 2.6					
						5335 Reverse 1 1/2 SS, 2 1/2 Twists -- -- -- 3.0					
						5351 Reverse 2 1/2 SS, 1/2 Twist 2.7 2.9 -- --					
						5411 Inward Dive, 1/2 Twist -- 1.7 2.0 --					
						5412 Inward Dive, 1 Twist -- 1.9 2.2 --					
						5421 Inward 1 SS, 1/2 Twist -- -- -- 1.9					
						5422 Inward 1 SS, 1 Twist -- -- -- 2.1					
						5432 Inward 1 1/2 SS, 1 Twist -- -- -- 2.7					
						5434 Inward 1 1/2 SS, 2 Twists -- -- -- 3.1					

Date	12-11-10	Diving Order	7	Final Score		Final Place		M	W	Varsity	JV	Modified
Diver	Casey Kaya				Group:		 National Federation of State High School Associations Diving Score Sheet					
School	Baldwin High School				Grade:							
Meet and Event	2011 MIL-1 07 High School Boys 1M 6 dives (1vol 5opt)				10							
Coach												

Rnd	Dive #	DD Description	JUDGES SCORES									Net Total								
			1	2	3	4	5	6	7	8	9		A	W	A	R	D			
1	101C	1.2	Voluntary	4	3½	4								11.50						
1M	Forward Dive, Tuck														1	3	8	0		ran 4
2	102C	1.4		4½	4½	3½								12.50						
1M	Forward 1 SS, Tuck														3	1	3	0		ran 4
3	201A	1.7		2	2	2								6.00						
1M	Back Dive, Straight														4	1	5	0		ran 4
4	202C	1.5		4	2	4								10.00						
1M	Back 1 SS, Tuck														5	6	5	0		ran 4
5	401C	1.4		4	4	4								12.00						
1M	Inward Dive, Tuck														1	6	8	0		ran 4
6	5211A	1.8		3½	3½	3								10.00						
1M	Back Dive, 1/2 Twist, Straight														9	1	3	0		ran 4

Total DD: Opt = 7.8 Vol = 1.2

Diver's signature


Coaches signature

Referee's signature

Meet Director's signature

ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						TWIST CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	5136	Forward 1 1/2 SS, 3 Twists	--	--	--	3.0
202	Back 1 SS	1.5	1.6	1.7	--	5152	Forward 2 1/2 SS, 1 Twist	3.0	3.2	--	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
204	Back 2 SS	2.2	2.5	--	--	5212	Back Dive, 1 Twist	--	--	2.0	--
205	Back 2 1/2 SS	3.0	3.2	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
212	Flying Back 1 SS	1.6	1.7	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
REVERSE CATEGORY						TWIST CATEGORY					
301	Reverse Dive	1.6	1.7	1.8	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
302	Reverse 1 SS	1.6	1.7	1.8	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
303	Reverse 1 1/2 SS	2.1	2.4	2.7	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
304	Reverse 2 SS	2.3	2.6	2.9	--	5231	Back 1 1/2 SS, 1/2 Twist	--	--	--	2.1
305	Reverse 2 1/2 SS	3.0	3.2	--	--	5233	Back 1 1/2 SS, 1 1/2 Twists	--	--	--	2.5
312	Flying Reverse 1 SS	1.7	1.8	--	--	5235	Back 1 1/2 SS, 2 1/2 Twists	--	--	--	2.9
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5251	Back 2 1/2 SS, 1/2 Twist	2.7	2.9	--	--
402	Inward 1 SS	1.6	1.7	2.0	--	5311	Reverse Dive, 1/2 Twist	--	--	1.9	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5312	Reverse Dive, 1 Twist	--	--	2.1	--
404	Inward 2 SS	2.8	3.0	--	--	5321	Reverse 1 SS, 1/2 Twist	--	--	--	1.8
405	Inward 2 1/2 SS	3.1	3.4	--	--	5322	Reverse 1 SS, 1 Twist	--	--	--	2.0
412	Flying Inward 1 SS	2.0	2.1	--	--	5323	Reverse 1 SS, 1 1/2 Twists	--	--	--	2.4
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5325	Reverse 1 SS, 2 1/2 Twists	--	--	--	2.8
A-Straight, B-Pike, C-Tuck, D-Free						TWIST CATEGORY					
						5331	Reverse 1 1/2 SS, 1/2 Twist	--	--	--	2.2
						5333	Reverse 1 1/2 SS, 1 1/2 Twists	--	--	--	2.6
						5335	Reverse 1 1/2 SS, 2 1/2 Twists	--	--	--	3.0
						5351	Reverse 2 1/2 SS, 1/2 Twist	2.7	2.9	--	--
						5411	Inward Dive, 1/2 Twist	--	1.7	2.0	--
						5412	Inward Dive, 1 Twist	--	1.9	2.2	--
						5421	Inward 1 SS, 1/2 Twist	--	--	--	1.9
						5422	Inward 1 SS, 1 Twist	--	--	--	2.1
						5432	Inward 1 1/2 SS, 1 Twist	--	--	--	2.7
						5434	Inward 1 1/2 SS, 2 Twists	--	--	--	3.1

Date	12-11-10	Diving Order	9	Final Score		Final Place		M	W	Varsity	JV	Modified
Diver	Austin Howlett				Group:		 National Federation of State High School Associations Diving Score Sheet					
School	Seabury Hall				Grade:							
Meet and Event	2011 MIL-1 07 High School Boys 1M 6 dives (1vol 5opt)				12							
Coach												

Rnd	Dive #	DD	Description	JUDGES SCORES									Net Total											
				1	2	3	4	5	6	7	8	9		A	W	A	R	D						
1	103C	1.6	Voluntary																					
1M	Forward 1-1/2 SS, Tuck			7½	7½	7										22.00								
2	105B	2.6																						
1M	Forward 2-1/2 SS, Pike			6	5	6										17.00								
3	5134D	2.6																						
1M	Forward 1-1/2 SS, 2 Twists, Free			5½	6	5½										17.00								
4	403B	2.4																						
1M	Inward 1-1/2 SS, Pike			5½	5	6										16.50								
5	203B	2.3																						
1M	Back 1-1/2 SS, Pike			6½	6	6½										19.00								
6	5233D	2.5																						
1M	Back 1-1/2 SS, 1-1/2 Twists, Free			6½	5½	5½										17.50								

Total DD: Opt = 12.4 Vol = 1.6

Diver's signature


Referee's signature

Coaches signature

Meet Director's signature

ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						REVERSE CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	301	Reverse Dive	1.6	1.7	1.8	--
202	Back 1 SS	1.5	1.6	1.7	--	302	Reverse 1 SS	1.6	1.7	1.8	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	303	Reverse 1 1/2 SS	2.1	2.4	2.7	--
204	Back 2 SS	2.2	2.5	--	--	304	Reverse 2 SS	2.3	2.6	2.9	--
205	Back 2 1/2 SS	3.0	3.2	--	--	305	Reverse 2 1/2 SS	3.0	3.2	--	--
212	Flying Back 1 SS	1.6	1.7	--	--	312	Flying Reverse 1 SS	1.7	1.8	--	--
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
402	Inward 1 SS	1.6	1.7	2.0	--	5212	Back Dive, 1 Twist	--	--	2.0	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
404	Inward 2 SS	2.8	3.0	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
405	Inward 2 1/2 SS	3.1	3.4	--	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
412	Flying Inward 1 SS	2.0	2.1	--	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
A-Straight, B-Pike, C-Tuck, D-Free						5231 Back 1 1/2 SS, 1/2 Twist -- -- -- 2.1					
						5233 Back 1 1/2 SS, 1 1/2 Twists -- -- -- 2.5					
						5235 Back 1 1/2 SS, 2 1/2 Twists -- -- -- 2.9					
						5251 Back 2 1/2 SS, 1/2 Twist 2.7 2.9 -- --					
						5311 Reverse Dive, 1/2 Twist -- -- -- 1.9					
						5312 Reverse Dive, 1 Twist -- -- -- 2.1					
						5321 Reverse 1 SS, 1/2 Twist -- -- -- 1.8					
						5322 Reverse 1 SS, 1 Twist -- -- -- 2.0					
						5323 Reverse 1 SS, 1 1/2 Twists -- -- -- 2.4					
						5325 Reverse 1 SS, 2 1/2 Twists -- -- -- 2.8					
						5331 Reverse 1 1/2 SS, 1/2 Twist -- -- -- 2.2					
						5333 Reverse 1 1/2 SS, 1 1/2 Twists -- -- -- 2.6					
						5335 Reverse 1 1/2 SS, 2 1/2 Twists -- -- -- 3.0					
						5351 Reverse 2 1/2 SS, 1/2 Twist 2.7 2.9 -- --					
						5411 Inward Dive, 1/2 Twist -- 1.7 2.0 --					
						5412 Inward Dive, 1 Twist -- 1.9 2.2 --					
						5421 Inward 1 SS, 1/2 Twist -- -- -- 1.9					
						5422 Inward 1 SS, 1 Twist -- -- -- 2.1					
						5432 Inward 1 1/2 SS, 1 Twist -- -- -- 2.7					
						5434 Inward 1 1/2 SS, 2 Twists -- -- -- 3.1					

Date	12-11-10	Diving Order	1	Final Score	109.85	Final Place	5	M	W	Varsity	JV	Modified	
Diver	Sierra Ludwig							Group:					
School	Seabury Hall							Grade: 10					
Meet and Event	2011 MIL-1 07 High School Girls 1M 6 dives (1vol 5opt)							 National Federation of State High School Associations Diving Score Sheet					
Coach													

Rnd	Dive #	DD Description	JUDGES SCORES									Net Total								
			1	2	3	4	5	6	7	8	9		A	W	A	R	D			
1	101C	1.2	Voluntary	5½	4	4½								14.00						
1M	Forward Dive, Tuck														1	6	8	0		ran 5
2	102C	1.4		4	3½	3								10.50						
1M	Forward 1 SS, Tuck														3	1	5	0		ran 5
3	201A	1.7		3	3	3½								9.50						
1M	Back Dive, Straight														4	7	6	5		ran 5
4	202C	1.5		4½	4	4½								13.00						
1M	Back 1 SS, Tuck														1	9	5	0		ran 5
5	401C	1.4		4	4	4½								12.50						
1M	Inward Dive, Tuck														1	7	5	0		ran 5
6	5211A	1.8		4½	4½	5								14.00						
1M	Back Dive, 1/2 Twist, Straight														2	5	2	0		ran 5
															1	0	9	8	5	

Total DD: Opt = 7.8 Vol = 1.2

Diver's signature


Referee's signature

Coaches signature

Meet Director's signature

ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						REVERSE CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	301	Reverse Dive	1.6	1.7	1.8	--
202	Back 1 SS	1.5	1.6	1.7	--	302	Reverse 1 SS	1.6	1.7	1.8	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	303	Reverse 1 1/2 SS	2.1	2.4	2.7	--
204	Back 2 SS	2.2	2.5	--	--	304	Reverse 2 SS	2.3	2.6	2.9	--
205	Back 2 1/2 SS	3.0	3.2	--	--	305	Reverse 2 1/2 SS	3.0	3.2	--	--
212	Flying Back 1 SS	1.6	1.7	--	--	312	Flying Reverse 1 SS	1.7	1.8	--	--
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
402	Inward 1 SS	1.6	1.7	2.0	--	5212	Back Dive, 1 Twist	--	--	2.0	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
404	Inward 2 SS	2.8	3.0	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
405	Inward 2 1/2 SS	3.1	3.4	--	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
412	Flying Inward 1 SS	2.0	2.1	--	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
A-Straight, B-Pike, C-Tuck, D-Free						5231 Back 1 1/2 SS, 1/2 Twist					
						5233 Back 1 1/2 SS, 1 1/2 Twists					
						5235 Back 1 1/2 SS, 2 1/2 Twists					
						5251 Back 2 1/2 SS, 1/2 Twist					
						5311 Reverse Dive, 1/2 Twist					
						5312 Reverse Dive, 1 Twist					
						5321 Reverse 1 SS, 1/2 Twist					
						5322 Reverse 1 SS, 1 Twist					
						5323 Reverse 1 SS, 1 1/2 Twists					
						5325 Reverse 1 SS, 2 1/2 Twists					
						5331 Reverse 1 1/2 SS, 1/2 Twist					
						5333 Reverse 1 1/2 SS, 1 1/2 Twists					
						5335 Reverse 1 1/2 SS, 2 1/2 Twists					
						5351 Reverse 2 1/2 SS, 1/2 Twist					
						5411 Inward Dive, 1/2 Twist					
						5412 Inward Dive, 1 Twist					
						5421 Inward 1 SS, 1/2 Twist					
						5422 Inward 1 SS, 1 Twist					
						5432 Inward 1 1/2 SS, 1 Twist					
						5434 Inward 1 1/2 SS, 2 Twists					

Date	12-11-10	Diving Order	2	Final Score	159.25	Final Place	3	M	W	Varsity	JV	Modified
Diver	Clarissa Logsdon							Group:		 National Federation of State High School Associations Diving Score Sheet		
School	Baldwin High School							Grade:				
Meet and Event	2011 MIL-1 07 High School Girls 1M 6 dives (1vol 5opt)							11				
Coach	Leia'ala Chong											

Rnd	Dive #	DD	Description	JUDGES SCORES									Net Total									
				1	2	3	4	5	6	7	8	9		A	W	A	R	D				
1	102B	1.5	Voluntary												18.00							
1M	Forward 1 SS, Pike			6	6½	5½											2	7	0	0	ran 2	
2	103C	1.6													13.50							
1M	Forward 1-1/2 SS, Tuck			5	4½	4											4	8	6	0	ran 3	
3	201A	1.7													16.50							
1M	Back Dive, Straight			6	5	5½											7	6	6	5	ran 3	
4	202A	1.7													18.00							
1M	Back 1 SS, Straight			6½	6	5½											1	0	7	2	5	ran 3
5	5221D	1.7													17.00							
1M	Back 1 SS, 1/2 Twist, Free			6	6	5											1	3	6	1	5	ran 3
6	401C	1.4													16.50							
1M	Inward Dive, Tuck			5½	6	5											1	5	9	2	5	ran 3

Total DD: Opt = 8.1 Vol = 1.5

Diver's signature


Coaches signature

Referee's signature

Meet Director's signature

ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						TWIST CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	5136	Forward 1 1/2 SS, 3 Twists	--	--	--	3.0
202	Back 1 SS	1.5	1.6	1.7	--	5152	Forward 2 1/2 SS, 1 Twist	3.0	3.2	--	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
204	Back 2 SS	2.2	2.5	--	--	5212	Back Dive, 1 Twist	--	--	2.0	--
205	Back 2 1/2 SS	3.0	3.2	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
212	Flying Back 1 SS	1.6	1.7	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
REVERSE CATEGORY						TWIST CATEGORY					
301	Reverse Dive	1.6	1.7	1.8	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
302	Reverse 1 SS	1.6	1.7	1.8	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
303	Reverse 1 1/2 SS	2.1	2.4	2.7	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
304	Reverse 2 SS	2.3	2.6	2.9	--	5231	Back 1 1/2 SS, 1/2 Twist	--	--	--	2.1
305	Reverse 2 1/2 SS	3.0	3.2	--	--	5233	Back 1 1/2 SS, 1 1/2 Twists	--	--	--	2.5
312	Flying Reverse 1 SS	1.7	1.8	--	--	5235	Back 1 1/2 SS, 2 1/2 Twists	--	--	--	2.9
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5251	Back 2 1/2 SS, 1/2 Twist	2.7	2.9	--	--
402	Inward 1 SS	1.6	1.7	2.0	--	5311	Reverse Dive, 1/2 Twist	--	--	1.9	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5312	Reverse Dive, 1 Twist	--	--	2.1	--
404	Inward 2 SS	2.8	3.0	--	--	5321	Reverse 1 SS, 1/2 Twist	--	--	--	1.8
405	Inward 2 1/2 SS	3.1	3.4	--	--	5322	Reverse 1 SS, 1 Twist	--	--	--	2.0
412	Flying Inward 1 SS	2.0	2.1	--	--	5323	Reverse 1 SS, 1 1/2 Twists	--	--	--	2.4
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5325	Reverse 1 SS, 2 1/2 Twists	--	--	--	2.8
A-Straight, B-Pike, C-Tuck, D-Free						TWIST CATEGORY					
						5331	Reverse 1 1/2 SS, 1/2 Twist	--	--	--	2.2
						5333	Reverse 1 1/2 SS, 1 1/2 Twists	--	--	--	2.6
						5335	Reverse 1 1/2 SS, 2 1/2 Twists	--	--	--	3.0
						5351	Reverse 2 1/2 SS, 1/2 Twist	2.7	2.9	--	--
						5411	Inward Dive, 1/2 Twist	--	1.7	2.0	--
						5412	Inward Dive, 1 Twist	--	1.9	2.2	--
						5421	Inward 1 SS, 1/2 Twist	--	--	--	1.9
						5422	Inward 1 SS, 1 Twist	--	--	--	2.1
						5432	Inward 1 1/2 SS, 1 Twist	--	--	--	2.7
						5434	Inward 1 1/2 SS, 2 Twists	--	--	--	3.1

Date	12-11-10	Diving Order	3	Final Score	181.90	Final Place	2	M	W	Varsity	JV	Modified	
Diver	Caitlin Curammeng							Group:					
School	Baldwin High School							Grade: 12					
Meet and Event	2011 MIL-1 07 High School Girls 1M 6 dives (1vol 5opt)							 National Federation of State High School Associations Diving Score Sheet					
Coach													

Rnd	Dive #	DD	Description	JUDGES SCORES									Net Total							
				1	2	3	4	5	6	7	8	9		A	W	A	R	D		
1	103B	1.7	Voluntary	6	6½	6								18.50						
1M	Forward 1-1/2 SS, Pike															3	1	4	5	ran 1
2	104C	2.2		5	5	4½								14.50		3	1	9	0	ran 1
1M	Forward 2 SS, Tuck															6	3	3	5	ran 1
3	301B	1.7		6	6	6								18.00		3	0	6	0	ran 1
1M	Reverse Dive, Pike															9	3	9	5	ran 1
4	401B	1.5		7	7	7								21.00		3	1	5	0	ran 1
1M	Inward Dive, Pike															1	2	5	4	5
5	5221D	1.7		6½	6½	6								19.00		3	2	3	0	ran 2
1M	Back 1 SS, 1/2 Twist, Free															1	5	7	7	5
6	5231D	2.1		3½	4	4								11.50		2	4	1	5	ran 2
1M	Back 1-1/2 SS, 1/2 Twist, Free															1	8	1	9	0

Total DD: Opt = 9.2 Vol = 1.7

Diver's signature


Referee's signature

Coaches signature

Meet Director's signature

ONE METER DIVING TABLE

Dive #	Dive Description	C	B	A	D	Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY						TWIST CATEGORY					
101	Forward Dive	1.2	1.3	1.4	--	5111	Forward Dive 1/2 Twist	1.6	1.7	1.8	--
102	Forward 1 SS	1.4	1.5	1.6	--	5112	Forward Dive 1 Twist	--	1.9	2.0	--
103	Forward 1 1/2 SS	1.6	1.7	2.0	--	5121	Forward 1 SS, 1/2 Twist	--	--	--	1.7
104	Forward 2 SS	2.2	2.3	2.6	--	5122	Forward 1SS, 1 Twist	--	--	--	1.9
105	Forward 2 1/2 SS	2.4	2.6	--	--	5124	Forward 1 SS, 2 Twists	--	--	--	2.3
106	Forward 3 SS	2.9	3.2	--	--	5126	Forward 1 SS, 3 Twists	--	--	--	2.7
107	Forward 3 1/2 SS	3.0	3.3	--	--	5131	Forward 1 1/2 SS, 1/2 Twist	--	--	--	2.0
112	Forward Flying 1 SS	1.6	1.7	--	--	5132	Forward 1 1/2 SS, 1 Twist	--	--	--	2.2
113	Forward Flying 1 1/2 SS	1.8	1.9	--	--	5134	Forward 1 1/2 SS, 2 Twists	--	--	--	2.6
BACK CATEGORY						REVERSE CATEGORY					
201	Back Dive	1.5	1.6	1.7	--	301	Reverse Dive	1.6	1.7	1.8	--
202	Back 1 SS	1.5	1.6	1.7	--	302	Reverse 1 SS	1.6	1.7	1.8	--
203	Back 1 1/2 SS	2.0	2.3	2.5	--	303	Reverse 1 1/2 SS	2.1	2.4	2.7	--
204	Back 2 SS	2.2	2.5	--	--	304	Reverse 2 SS	2.3	2.6	2.9	--
205	Back 2 1/2 SS	3.0	3.2	--	--	305	Reverse 2 1/2 SS	3.0	3.2	--	--
212	Flying Back 1 SS	1.6	1.7	--	--	312	Flying Reverse 1 SS	1.7	1.8	--	--
INWARD CATEGORY						TWIST CATEGORY					
401	Inward Dive	1.4	1.5	1.8	--	5211	Back Dive, 1/2 Twist	--	--	1.8	--
402	Inward 1 SS	1.6	1.7	2.0	--	5212	Back Dive, 1 Twist	--	--	2.0	--
403	Inward 1 1/2 SS	2.2	2.4	--	--	5221	Back 1 SS, 1/2 Twist	--	--	--	1.7
404	Inward 2 SS	2.8	3.0	--	--	5222	Back 1 SS, 1 Twist	--	--	--	1.9
405	Inward 2 1/2 SS	3.1	3.4	--	--	5223	Back 1 SS, 1 1/2 Twists	--	--	--	2.3
412	Flying Inward 1 SS	2.0	2.1	--	--	5225	Back 1 SS, 2 1/2 Twists	--	--	--	2.7
413	Flying Inward 1 1/2 SS	2.7	2.9	--	--	5227	Back 1 SS, 3 1/2 Twists	--	--	--	3.1
A-Straight, B-Pike, C-Tuck, D-Free						5231 Back 1 1/2 SS, 1/2 Twist					
						5233 Back 1 1/2 SS, 1 1/2 Twists					
						5235 Back 1 1/2 SS, 2 1/2 Twists					
						5251 Back 2 1/2 SS, 1/2 Twist					
						5311 Reverse Dive, 1/2 Twist					
						5312 Reverse Dive, 1 Twist					
						5321 Reverse 1 SS, 1/2 Twist					
						5322 Reverse 1 SS, 1 Twist					
						5323 Reverse 1 SS, 1 1/2 Twists					
						5325 Reverse 1 SS, 2 1/2 Twists					
						5331 Reverse 1 1/2 SS, 1/2 Twist					
						5333 Reverse 1 1/2 SS, 1 1/2 Twists					
						5335 Reverse 1 1/2 SS, 2 1/2 Twists					
						5351 Reverse 2 1/2 SS, 1/2 Twist					
						5411 Inward Dive, 1/2 Twist					
						5412 Inward Dive, 1 Twist					
						5421 Inward 1 SS, 1/2 Twist					
						5422 Inward 1 SS, 1 Twist					
						5432 Inward 1 1/2 SS, 1 Twist					
						5434 Inward 1 1/2 SS, 2 Twists					

Date	12-11-10	Diving Order	4	Final Score	120.95	Final Place	4	M	W	Varsity	JV	Modified	
Diver	Danielle Calubaquib							Group:					
School	Baldwin High School							Grade: 11					
Meet and Event	2011 MIL-1 07 High School Girls 1M 6 dives (1vol 5opt)							 National Federation of State High School Associations Diving Score Sheet					
Coach													

Rnd	Dive #	DD Description	JUDGES SCORES									Net Total								
			1	2	3	4	5	6	7	8	9		A	W	A	R	D			
1	102B	1.5 Voluntary	4	4½	4								12.50							
1M	Forward 1 SS, Pike														1	8	7	5		ran 4
2	5121D	1.7	4½	4	4								12.50		2	1	2	5		ran 4
1M	Forward 1 SS, 1/2 Twist, Free														4	0	0	0		ran 4
3	103C	1.6	4	4	3½								11.50		1	8	4	0		ran 4
1M	Forward 1-1/2 SS, Tuck														5	8	4	0		ran 4
4	201A	1.7	4½	4	4								12.50		2	1	2	5		ran 4
1M	Back Dive, Straight														7	9	6	5		ran 4
5	202C	1.5	4½	4½	5								14.00		2	1	0	0		ran 4
1M	Back 1 SS, Tuck														1	0	0	6	5	ran 4
6	401C	1.4	5	5	4½								14.50		2	0	3	0		ran 4
1M	Inward Dive, Tuck														1	2	0	9	5	ran 4

Total DD: Opt = 7.9 Vol = 1.5

Diver's signature

Coaches signature

Referee's signature

Meet Director's signature

