

2010-11 MIL SWIMMING AND DIVING SCHEDULE

Note: Meet start times are subject to change depending on Molokai and Lanai travel schedules.

Agreed 11/17/10

DATE	TIME	EVENT	HOST
11/01/10	Mon	Team Workout Start Date (Subject to change by MIL AD's)	
11/17/10	Wed	7:00 PM MIL Kickoff Meeting (location TBD)	MIL
11/25/10	Thu	Thanksgiving	
12/01/10	Wed	Eligibility Lists Due here or before Preseason Dual Meet	
		MIL #1 at Kihei Aquatic Center	Seabury Hall
12/11/10	Sat	10:00 AM Meet No. 1 Swimming and Diving (6)	
		MIL #2 at Kihei Aquatic Center	MPA, Kihei, King
12/18/10	Sat	10:00 AM Meet No. 2 Swimming and Diving (6)	SAS & Maui
Dec. 17-20, 2010		Age Group Short Course Champs	Oahu
Dec 21-Jan 1		2-week Xmas and New Year Break	
1/7-8/11	Fri/Sat	Kalani Invitational at Kalani HS	Honolulu
		MIL #3 at Lahaina Aquatic Complex	LahainaLuna & Maui Prep
01/08/11	Sat	10:00 AM Meet No. 3 Swimming and (perhaps) Diving (6)	
		MIL Invitational at Kihei Friday, Kamehameha Saturday	
01/14/11	Fri	5:00 PM Swimming 1st Meet at Kihei Aquatic Center	Seabury Hall help Friday
01/15/11	Sat	9:00 AM Diving (11) at Kamehameha - Maui Campus	Kamehameha
		10:00 AM Swimming 2nd Meet includes diving at KS-M	Kamehameha
		MIL #4 at Kihei Aquatic Center	
01/21/11	Fri	5:00 PM Meet No. 4 Swimming	Baldwin
		MIL #5 at Kihei Aquatic Center	& Molokai
01/22/11	Sat	10:00 AM Meet No. 5 Swimming and Diving (11)	Baldwin
		MIL Championships at Kihei Aquatic Center (may change if HHSAA States changes)	
01/26/11	Wed	7:00 PM Seeding Due by TM email entry.	
01/28/11	Fri	5:00 PM Swimming Trials	Kamehameha
01/29/11	Sat	9:00 AM Diving (11) Prelims / Semis / Finals	& Kihei Charter
	Sat	1:00 PM Swimming Finals (diving demo at break)	
		HHSAA Championships (OIA at TBD)	HHSAA and BIIF
02/05/11	Sat	4:30 PM Entries Due to the Coordinator	
02/11/11	Fri	9:00 AM Diving Prelims	
	Fri	3:30 PM Swimming Trials	
02/12/11	Sat	8:30 AM Diving Semis/Finals	
	Sat	1:00 PM Swimming Finals	
		MIL/HHSAA Evaluation and All Star Selection	
02/16/11	Wed	7:00 PM Coaches Meeting at Sakamoto Pool	No host

**Host school is responsible for providing refreshments for officials, timers, and coaches.
...And for helping Life Guards to break down the pool after the meet.**

EVENT SCHEDULE

OPEN WARMUP	All teams in all lanes - no assigned lanes.
90 min. prior to start.	Begin warmups
60 min. "	Team Entry Report w/ scratches due to Clerk of Course.
60 min. "	One way sprints on lanes 1,2,7,8. All others pace lanes.
At all times	Warmup lanes open w/ coach on deck.
25 min. prior to start.	COACHES' mtg - pickup heat sheets and discussions.
Swimming Competition	See schedule above for start time.
Diving Competition	Preliminaries/Initial Dives Start 9am
Final Diving Competition	Final 2 or 3 dives during after Event 10 (50 Free)

TIMERS:	OFFICIALS:
No. of timers determined by team size.	Same per school as timers
HOST ROTATION:	Meet Director 1, Referee 1, Starter 1,
MIL Chmp	Clerk of Course 2, Deck Judges 7,
2008/04/13	Head Timer 1, Timing System 3,
2011/14	Announcer 1. Total = 17.
*12/09/06/03	HHSAA:
2010/15	2012 = MIL, 2013 = ILH
2007/05	2014 = BIIF, 2011 = OIA
	New Kauai Pool May Enter

MIL POLICIES & RULES

1. The High School Swimming & Diving Rule Book apply unless otherwise stated in the HHSAA Championship meet notice, or in these policies and rules.
 2. Meet entries must be submitted preferably by Team Manager entry file. Alternatives are via the MIL Entry form & Team Eligibility Report or by other acceptable entry method to Coordinator. The MIL Entry form List swimmers and divers alphabetically by last name and indicate their grade (FR,SO,JR,SR) & b/day. List girls/boys separately.
 3. For meets other than the MIL or the HHSAA Championship, each participant can have a maximum of four (4) entries and all four (4) may be individual events *and* events can be scratched prior to the scratch deadline. For all meets, once scratched there can be no reinstatement of the entry and entries cannot be added or changed without approval of the meet referee and clerk of course.
 4. Schools may combine swimmers in an Exhibition relay during an MIL qualifying meet. Prior notification of the relay will have to be given to the head timer and the Referee. The swim will count as one of the 4 max swims by a swimmer during the meet, and the time won't count to qualify for anything.
 5. Entries via forms for meets other than the MIL Championship are due to the coordinator by 4 pm on the Wed. prior to the meet. Team Manager entries via email to the coordinator by Thu 4PM. Adobe .pdf Psych & Scratch sheets will be emailed back along with relay entries.
 6. To qualify for the MIL Championship, the participant must have an official time or score, made in a HHSAA sanctioned meet for the event entered. NT's will not be accepted. The 500 free will be the only event with a qualifying time: 8:00 for girls, 7:45 for boys.
 7. Entries for the MIL Championship must be submitted via Team Manager Entry File to the MIL Coordinator by Wednesday evening 7pm before MIL Championships.
 8. For the MIL Champ's, at the seeding meeting, a meet committee will be formed consisting of the MIL Coordinator or designee, the meet referee, and one other official. This committee shall make decisions on matters not specifically covered by rules of procedure or set aside application of a rule during a meet. THE DECISION OF THE MEET COMMITTEE IS FINAL.
 9. For MIL and HHSAA Championships, all participants must wear team uniforms. Refer to the High School Swimming & Diving Rule Book and the HHSAA Championship meet notice for specific definitions.
 10. For MIL Championship, trials will be held to determine the one final heat and will be run for events that have more than one heat.
 11. Request for exception to rules must be submitted to the MIL Executive Board.
 12. Scoring for MIL Championships will be the *top* five (5) on a 6-4-3-2-1 basis.
- * FOR INFO CONTACT: Al Paschoal MIL Coordinator 357-7535 (St. Anthony); OR Malcolm Cooper 280-4257 malcolmwhy@yahoo.com, OR Dr. Dennis Rowe - Diving 244-4193 (res), or 242-5766 (fax).