

2011-12 MIL SWIMMING AND DIVING SCHEDULE

Note: Meet start times are subject to change depending on Molokai and Lanai travel schedules.

Finalized 11/16/11

DATE	TIME	EVENT	HOST
11/01/11	Tue	Team Workout Start Date (Subject to change by MIL AD's)	
11/16/11	Wed	7:00 PM MIL Kickoff Meeting (location TBD)	MIL
11/24/11	Thu	Thanksgiving	
11/30/11	Wed	Eligibility Lists Due here or before Preseason Dual Meet at Kihei Aquatic Center	
12/09/11	Fri	5:00 PM Meet No. 1 Diving only (6)	Kamehameha and
12/10/11	Sat	10:00 AM Meet No. 1 Swimming only	Kihei Charter
		MIL #2 at Kihei Aquatic Center	Teams Attending
12/17/11	Sat	10:00 AM Meet No. 2 Swimming and Diving (6)	
Dec. 16-19, 2011		Age Group Short Course Champs	Oahu
Dec 19-Jan 2		2-week Xmas and New Year Break	
1/6-7/11	Fri/Sat	Kalani Invitational at Kalani HS	Honolulu
		MIL #3 at Lahaina Aquatic Complex	LahainaLuna & Maui Prep
01/07/12	Sat	10:00 AM Meet No. 3 Swimming and (perhaps) Diving (6)	
		MIL Invitational at Kihei Aquatic Center	
01/13/12	Fri	5:00 PM Swimming Kihei	Baldwin & Molokai
01/14/12	Sat	9:00 AM Diving (11) Kihei	
		10:00 AM Swimming Kihei	Baldwin & Molokai
		MIL #4 at Kihei Aquatic Center	
01/20/12	Fri	5:00 PM Meet No. 4 Swimming	Maui High & King Kekaulike
		MIL #5 at Kamehameha - Maui Camps	
01/21/12	Sat	10:00 AM Meet No. 5 Swimming and Diving (11)	Kamehameha
		MIL Championships at Kihei Aquatic Center (may change date if HHSAA States changes)	
01/25/12	Wed	7:00 PM Seeding Due by TM email entry.	
01/27/12	Fri	5:00 PM Swimming Trials	Seabury Hall
01/28/12	Sat	9:00 AM Diving (11) Prelims / Semis / Finals	& SAS
	Sat	1:00 PM Swimming Finals (diving demo at break)	
		HHSAA Championships - Maui: Kihei Aquatic Center	HHSAA and MIL
02/04/12	Sat	4:30 PM Entries Due to the Coordinator	
02/10/12	Fri	9:00 AM Diving Prelims	
	Fri	3:30 PM Swimming Trials	
02/11/12	Sat	8:30 AM Diving Semis/Finals	
	Sat	1:00 PM Swimming Finals	
		MIL/HHSAA Evaluation and All Star Selection	
02/15/12	Wed	7:00 PM Coaches Meeting at Sakamoto Pool	No host

MIL POLICIES & RULES

1. The High School Swimming & Diving Rule Book apply unless otherwise stated in the HHSAA Championship meet notice, or in these policies and rules.
2. Meet entries must be submitted preferably by Team Manager entry file. Alternatives are via the MIL Entry form & Team Eligibility Report or by other acceptable entry method to Coordinator. The MIL Entry form List swimmers and divers alphabetically by last name and indicate their grade (FR,SO,JR,SR) & b/day. List girls/boys separately.
3. For meets other than the MIL or the HHSAA Championship, each participant can have a maximum of four (4) entries and all four (4) may be individual events **and** events can be scratched prior to the scratch deadline. For all meets, once scratched there can be no reinstatement of the entry and entries cannot be added or changed without approval of the meet referee and clerk of course.
4. Schools may combine swimmers in an Exhibition relay during an MIL qualifying meet. Prior notification of the relay will have to be given to the head timer and the Referee. The swim will count as one of the 4 max swims by a swimmer during the meet, and the time won't count to qualify for anything.
5. Entries via forms for meets other than the MIL Championship are due to the coordinator by 4 pm on the Wed. prior to the meet. Team Manager entries via email to the coordinator by Thu 4PM. Adobe .pdf Psych & Scratch sheets will be emailed back along with relay entries.
6. To qualify for the MIL Championship, the participant must have an official time or score, made in a HHSAA sanctioned meet for the event entered. NT's will not be accepted. The 500 free will be the only event with a qualifying time: 8:00 for girls, 7:45 for boys.
7. Entries for the MIL Championship must be submitted via Team Manager Entry File to the MIL Coordinator by Wednesday evening 7pm before MIL Championships.
8. For the MIL Champ's, at the seeding meeting, a meet committee will be formed consisting of the MIL Coordinator or designee, the meet referee, and one other official. This committee shall make decisions on matters not specifically covered by rules of procedure or set aside application of a rule during a meet. THE DECISION OF THE MEET COMMITTEE IS FINAL.
9. For MIL and HHSAA Championships, all participants must wear team uniforms. Refer to the High School Swimming & Diving Rule Book and the HHSAA Championship meet notice for specific definitions.
10. For MIL Championship, trials will be held to determine the one final heat and will be run for events that have more than one heat.
11. Request for exception to rules must be submitted to the MIL Executive Board.
12. Scoring for MIL Championships will be the top five (5) on a 6-4-3-2-1 basis.
* FOR INFO CONTACT: Al Paschoal MIL Coordinator 357-7535 (St. Anthony); OR Malcolm Cooper 280-4257 malcolmwhy@yahoo.com, OR Dr. Dennis Rowe - Diving 244-4193 (res), or 242-5766 (fax).

**Host school is responsible for providing refreshments for officials, timers, and coaches.
...And for helping Life Guards to break down the pool after the meet.**

EVENT SCHEDULE

OPEN WARMUP	All teams in all lanes - no assigned lanes.
90 min. prior to start.	Begin warmups
60 min. "	Team Entry Report w/ scratches due to Clerk of Course.
60 min. "	One way sprints on lanes 1,2,7,8. All others pace lanes.
At all times	Warmup lanes open w/ coach on deck.
10-15 min. prior to start.	COACH mtg - pickup heat sheets and discussions.
Swimming Competition	See schedule above for start time.
Diving Competition	Prelims through Final Dives Start 9am
Champs Diving Competition	Diving Demo during 20-minute break after 50

TIMERS: No. of timers determined by team size.	OFFICIALS: Same per school as timers Meet Director 1, Referee 1, Starter 1, Clerk of Course 2, Deck Judges 7, Head Timer 1, Timing System 3, Announcer 1. Total = 17.
HOST ROTATION:	HHSAA: 2013 = ILH, 2014 = BIIF 2015 = OIA, 2016 = MIL New Kauai Pool May Enter
MIL Chmp	
2008/04/13	2012 Baldwin/Molokai
2011/14	2011/15 Kamehameha/Kihei Charter
12/09/06/03	2013 Seabury Hall & SAS
2010/15	2014 Lahainaluna & MPA
2007/05	? Maui/King Kekaulike